

# Indiana Goalkeeper Academy



## High School & College Preseason Camp

Boys & Girls U15-U18 and Current College Men & Women

The High School & College Preseason Camp is designed to prepare goalkeepers for their tryout and preseason schedules with their respective schools. Attention will be given to keeper specific fitness and keepers will get high repetitions of game situations such as crosses and high balls, shots from all angles, 1v1 situations, and more. Distribution will be trained daily. Other local college goalkeeper coaches will be brought in each day so keepers will be exposed to a variety of high level coaches and coaching methods.

### Schedule Update

The High School & College Preseason Camp will now feature two training times per day and players may choose which time works best for them. With morning and evening options players can avoid conflicts with their high school practices or work schedules and now can attend both. (Note: there are no separate registrations for morning or evening. All registration will be done online through the single camp link. Before the camps begin I'll be in touch to find out if you plan to attend morning or evening.)

**Dates:** July 19-23, 2009

**Times:** morning 9:00 -12:00 or evening 6:00-9:00 pm (All campers will attend 6:00-9:00 on Sunday the 19<sup>th</sup>)

**Location:** Indy North Side – Wyandotte School (79<sup>th</sup> Street off of Keystone)

**Cost:** \$185 **Includes:** 15 hours of Instruction, Top Class Staff of College Coaches, Use of Soccer Facilities, One Pair of UhlSport Gloves (\$80 value), IGA UhlSport T-Shirt, Ongoing Consultation.

**Registration & Info at [www.igasoccer.com](http://www.igasoccer.com) - IGA Director Miles Glynn: [milesglynn@gmail.com](mailto:milesglynn@gmail.com) or 317-531-1717**



**Camp Format:** All training will take place outdoors at Butler University in Indianapolis and all sessions will be lead by IGA Director Miles Glynn who will be supported by other college goalkeeper coaches. Training sessions will be fun, fast paced, and will present appropriate challenges for all levels of goalkeepers. Players will be assigned to groups based on age and ability. Each training day will consist of three hours of training to address the physical, psychological, technical, and tactical demands of the position. All training is directly related to match situations.

**Camp Director:** Miles Glynn is the founder and director of Indiana Goalkeeper Academy. Coach Glynn played at Mount St. Clare College (now Ashford University) in Iowa and now resides in Indianapolis, IN. In addition to directing IGA, Coach Glynn has served in the following roles: Indiana ODP Head Goalkeeper Coach, Butler University Men's Goalkeeper Coach (NCAA Division 1), IUPUI Women's Goalkeeper Coach (NCAA Division 1), Anderson University Men's & Women's Assistant Coach, ODP Region II Girls Goalkeeping Staff Coach, Director of Goalkeeping: FC Pride Soccer Club, Noblesville United Soccer Club, Indianapolis Premier Soccer Club, Indiana Youth Soccer Youth Module Coaching Education Instructor. Coach Glynn holds the USSF National C License, USSF National Goalkeeping License, USSF National Youth License, NSCAA Goalkeeping Level II Diploma, and is Red Cross CPR Certified.

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